

Legacy

Investing Today to Impact Tomorrow

Fall 2018

Fun for the Ages

On any given day there is more than a 100 year age difference between the youngest and the oldest person in Grand Traverse Pavilions, thanks to our on-site employee child care. Currently our child care averages 17 kids each day, with a census of 65 children currently enrolled. Having an on-site day care allows our residents the opportunity to interact with youngsters, bringing a smile to many who don't get to see their grandchildren every day. Parents have the advantage of bringing their children, allowing them to check on them throughout the day.

"Having an on-site daycare is convenient as a working mom of a newborn, allowing me to feed and visit him on my breaks," says Rachel Passmore, Certified Nurse Aide. "My daughter was in day-care when she was younger and it was definitely beneficial for both of us. I just think that not a lot of kids understand what a nursing home is. I think it was awesome that she got see where I work and the importance of taking care of the elderly." Working with residents as a Certified Nurse Aide, Passmore gets to see their resident's responses to the kids on a regular basis. "The residents love it," says Passmore. "Every time the kids come up for an age exchange they are so happy to see them."

The daycare is currently open from 6 am to 6 pm, though the Pavilions is in the process of trying to expand the hours until 11 pm to better accommodate second shift employees and those who work 12 hour shifts. The Pavilions sees the value of providing this service for its employees and their families. By subsidizing the program and



Wendell Parker helps Piper work on a mummy during age exchange at Willow Cottage.

offering the ability for payroll deduction for the child care expense, the cost to employees is reduced by about 22% of the current market rates.

"There is a child care crisis in our area which greatly affects our workforce, many of whom are young parents," says Diane Mallory, Assistant Director of Human Resources. "We realize how important having on-site daycare is to our employees and do our best to keep the costs down and make our daycare accessible for our employees and their kids."

Both residents and child care participants benefit from the

intergenerational activities. It helps alleviate fears kids may have of the elderly or of those who are different from them. It can also fill a void for children who do not have grandparents close by.

"Piper understands things she probably wouldn't if she hadn't been exposed to the residents at my work," says Jessi Weir, Foundation and Marketing Assistant. "She knows to hold the door open for someone in a wheelchair or to warn someone with a cane or walker if there is an obstacle in their way. She's learned to be a helper, which I think is an important lesson in life. She actively helps collect donations during our concerts and can explain to people what the money is for—that it goes to help the grandmas and grandpas stay at the Pavilions."

Interaction between the kids and the older adults happens throughout the week with planned age exchange events. Age exchanges often consist of a planned craft or shared snack and happen on each of the long-term care Pavilions, in our Willow Cottage, and with our Adult

Continued on p. 3

A Season of Gratitude



Kory Hansen

As 2018 comes to a close, we are reflecting on a wonderful year that offered many opportunities to be thankful.

This year we celebrated the 20th Anniversary of Grand Traverse Pavilions with a rededication ceremony in front of our building to unveil the Pavilions Plaza and Fountain, a feature of the original 1997 facility design. In fact, maintaining our facility and grounds has always been important, and we've made significant improvements the last two years with our Beautification

plan including park benches and tables for outdoor enjoyment.

Grand Traverse Pavilions again achieved the highest overall rating from the Centers for Medicare and Medicaid Services (CMS) Five-Star rating system. The highest rating of five stars is a tribute to all of our staff who create a quality experience of care and compassion for our residents.

We honored 60 employees celebrating "Milestone Anniversaries" this year, and 35 of our 450 employees have been here since we transitioned to Grand Traverse Pavilions in 1998. We are indeed grateful for their continued commitment to our residents.

Our free community Concerts on the Lawn music series drew record crowds. The 13 week long performance schedule included some of the best local talent available, sponsored by our wonderful community partners. We thank everyone who helped make this year's series one of the best so far.

The Grand Event: LIFE was held in September, with over 30 businesses sponsoring the event, making it one of the community's biggest annual fundraisers. We are excited to be bringing this event back for 2019. If you missed it, make sure to save September 7, 2019 on your calendar.

Once again, we are on track to provide over \$4 million in charitable medical care for 2018. A cornerstone of our mission to provide accessible, trusted, and compassionate care that enhances quality of life for aging adults. The Grand Traverse Pavilions Foundation's PACE Capital Campaign is nearing its goal of raising \$3 million. As we go to print with this issue of Legacy, the PACE building should be nearing completion. The next step is to furnish the building and hire staff, required for the final readiness review with CMS.

This holiday season, we invite you to join us in support of the community wide "Giving Tuesday" event being promoted by Traverse City Chamber of Commerce – to help make our community the best it can be. We promise to remain committed to caring for the aging adults in our community and hope you will also become a champion for our elders by supporting the programs and services of Grand Traverse Pavilions – today and in the years to come!

Kory Hansen
Administrator/CEO



#GIVINGTUESDAY™

Everyone Wants to be Home For the Holidays

There is no place like home for the holidays . . .

This #GivingTuesday, help us help the elderly.

The Grand Traverse Pavilions Foundation is working to bring PACE, the Program of All-Inclusive Care for the Elderly, to Northern Michigan.

Opening a PACE Center in northern Michigan would allow low-income, frail nursing home eligible seniors to maintain their independence and live at home longer. As we enter the final stages of our campaign, help us furnish the PACE Center, which will be an essential lifeline for our area's most vulnerable seniors to receive medical care, therapy, and socialization. #GivingTuesday is a global giving movement that has been built by individuals, families, organizations, businesses and communities in countries around the world.

Millions of people have come together to support and champion the causes they believe in and the communities in which they live. Each year we have three shopping days – Black Friday, Small Business Saturday, and Cyber Monday. On Tuesday, November 27, we have a day for giving back.

You can help area seniors this holiday by sending your gift in the attached envelope or by visiting gtpavilions.org/donate.

Fun for the Ages



Life Enrichment Coordinator Sarah Musser gives Peyton more tape for her mummy, as Adult Day Participant John Quast looks on. Sarah plans age exchanges twice a week for the kids in Pavilions day care to interact with Adult Day Participants and Willow Cottage residents.

Continued from p. 1

Day Participants. Additionally, the child care playground is in a courtyard, allowing residents from our Elm Memory Care Pavilion, Dogwood Pavilion, and Maple Rehab Pavilion to watch the kids play throughout the day.

“We host around 15 planned intergenerational events each month,” says Jennifer Smith, Child Care Facilitator. “In addition, we often walk through the halls, allowing the kids to interact with the older adults.”

The Grand Traverse Pavilions recently earned its Eden Alternative Milestone II certification. The Pavilions prides itself on its ongoing commitment to compassionate care provided in a setting that ensures comfort, inclusion, and beauty. A cornerstone of the Eden Alternative for senior care is that residents should have close and continuing contact with as much human, animal and natural habitat as they choose to embrace. The Grand Traverse Pavilions adopted this concept in 1998 when it opened its doors, and has since achieved recognition as an Eden Approved Facility.

“Offering intergenerational activities is an important part of the Eden Alternative,” says Kory Hansen, Administrator/CEO of Grand Traverse Pavilions. “Giving our residents the opportunity to interact with children daily helps the Pavilions feel like home and less institutional.”



Bennett shows Mary Barnes the mummy he's made.

Grand Traverse Pavilions Welcomes New Medical Director



Phil Eisenberg, DO, CMD

Grand Traverse Pavilions is pleased to announce that Phil Eisenberg, DO, CMD of iNDIGO Health Partners Post-Acute/Long Term Care Team, will be serving as Medical Director for Grand Traverse Pavilions.

“Dr. Eisenberg brings over 20 years of experience in the field of geriatrics, most recently serving as a Regional Medical Director for Team Health’s Long Term Care division,” says Kory Hansen, Administrator/CEO of Grand Traverse Pavilions. “We are excited to have him at the Pavilions and are confident he will continue to provide the high level of quality care our residents have come to expect.”

Dr. Eisenberg has relocated to northern Michigan from southeastern Michigan. In addition to being the medical director for Grand Traverse Pavilions, he will serve other area nursing homes that work with iNDIGO Health Partners.

“As the Medical Director, I oversee the quality of care for the patients through a constant process of improvement initiatives working with the nursing staff, physical therapists and other team members,” says Dr. Eisenberg. “What I truly enjoy about this work is the opportunity to learn from my patients. I discover a different perspective from their experiences and this can help with transitions and ideally improve their quality of care. In turn, I enjoy working with our ancillary staff to help improve our skill set.”

Sponsorship & Advertising Opportunities

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Legacy is a publication of the Grand Traverse Pavilions Foundation. If you no longer wish to receive mail from us or to change your contact information please contact Jessi at jweir@gtpavilions.org or call (231) 932-3018.

We would also love to add you to our email list. Please share your email with us so we can keep you better informed of what's happening here at Grand Traverse Pavilions.



Grand Traverse Pavilions
FOUNDATION

1000 Pavilions Circle
Traverse City, MI 49684
(231) 932-3018

The Grand Traverse Pavilions Foundation raises awareness and funds to support the mission of the Grand Traverse Pavilions, in providing accessible, trusted and compassionate care that enhances quality of life for aging adults. The Foundation relies on the support of our many community partners, who combined, have provided over \$100,000 in support in 2018 through sponsorship of events like the Concerts on the Lawn and the Grand Event: **LIFE**.

Businesses and organizations can support the Foundation in 2019 through a variety of sponsorship opportunities or by advertising in the Legacy newsletter. To finalize your company's sponsorship opportunities or to receive a sponsorship packet, contact the Foundation/Marketing office at 231-932-3018 or email jweir@gtpavilions.org.



As concert sponsors, Lisa Bloxson and Tonya Cook of Hospice of Michigan joined Foundation Executive Director Deb Allen and Concert Title Sponsor Mike McFarlan of Serra Subaru to welcome the crowd to the Petoskey Steel Drum Band concert on July 12.

Thank you to the following organizations that supported Grand Traverse Pavilions Foundation events and activities in 2018.

9 & 10 News/Heritage Broadcasting
Alpine Electric
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Cherryland Electric Cooperative
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Local Women and Retirement



Dennis Prout, CFP®, RMA,
Master Elite Advisor

There are 10,000 people turning 65 every day, a trend that is expected to continue until 2030 when the last of the Baby Boomers reach retirement age. The term associated with this trend is the “Silver Tsunami,” and it is estimated that for the first time in our nation’s history, there will be more people over the age of 65 than under the age of 18. A recent article in the Traverse City Business News

(October 2018, Volume 24, Number 3) titled “Silver Tsunami – Continues to Roll” states several aging statistics that we have known to be true, but bears repeating.

“Michigan as a whole is aging at a faster rate than the rest of the country, and this area is graying faster than the rest of the state. The median age in northwest Michigan ranges from 41.9 years in Wexford County, to 53.3 years in Leelanau County, both significantly higher than the U.S. median age of 37.8, or Michigan’s median age of 39.5 years. According to forecasts from the Institute for Research on Labor, Employment and the Economy at the University of Michigan, by 2015, there will be 8,210 households in Grand Traverse County age 65-74. That’s nearly double the total from 2010, when it was 4,373.”

Additionally, according to the Social Security Administration Benefits Planner/Life Expectancy, it is projected that a woman turning 65 today can expect to live, on average, until age 86.7, and a man reaching 65 today can expect to live, on average, until age 84.3. The report goes on to state, “About one out of every four 65-year-olds today will live past age 90, and one out of 10 will live past 95.” All these statistics and projections lead to a point discussion for both men and women ... are you financially prepared for you retirement?

While the answer to this question may honestly be a “no” for many reading this, we want to share a few concepts directed specifically to women, since the reality is that their life expectancy is admittedly longer than for men, on average by more than two years. Additionally, since the men of this generation have traditionally been the household breadwinners, there are important factors regarding survivor benefits for military veterans, work pensions and Social Security that women need to become more aware of.

For example, according to Military.com, there are numerous benefits available to surviving family members of deceased veterans. These benefits range from emotional support to free education, but determining exactly which benefits you are eligible for can be confusing. When a military retiree dies,

their retirement pay stops as well. This means that the surviving spouse will be left without an income source, so serious thought needs to be given on how the surviving spouse can protect him/herself from the potential hardships caused by the loss of income.

This may also be the case for work pensions, as some pay no benefit after death while others may offer a percentage of the remaining pension as a survivor benefit. Each employer is different, so if you are not sure, it is definitely worth a phone call to the pension administrator to confirm your survivor/beneficiary entitlements.

With regard to the Social Security Administration*, the survivor’s benefit amount is based on the decedent’s earnings – the more they paid into Social Security, the higher the benefits will be. The monthly amount you will receive is a percentage of the deceased’s basic Social Security benefit, and depends on your age and the type of benefit you are eligible to receive. If the decedent received reduced benefits, then the survivor’s benefit is based on that amount. What follows are examples of the benefits that survivors may receive:

- Widow or widower, full retirement age or older – 100 percent of the deceased worker’s benefit amount
- Widow or widower, age 60, full retirement age – 71½ to 99 percent of the deceased worker’s basic amount
- Disabled widow or widower aged 50 through 59 – 1½ percent
- Widow or widower, any age, caring for a child under age 16 – 75 percent

These four scenarios are specifically related to military, work pensions and Social Security, and are only a part of the potential retirement planning puzzle. If you have questions about your personal retirement options we encourage you to contact a certified retirement planning professional.

Prout Financial Design recently conducted a class at NMC on “Women and Retirement,” and we certainly would welcome the opportunity to serve you and your family’s personal retirement needs.

*Social Security Administration website:
<https://www.ssa.gov/planners/survivors/ifyou.html#h6>

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LIFE A Grand Time at The Grand Event



Ken and County Commission Chair Carol Crawford play the game of LIFE with Pavilions COO Robert Barnes and his wife Angela while LIFE Coach Amy Coneset looks on.



Kate Parvel, Hollye Mackler and Grand Traverse Pavilions Foundation Board Member Brad Mackler check out vendor booths before the Grand Event: LIFE.



Amy Coneset, Director of the Wellness Center at Grand Traverse Pavilions, delivers a birthday cake to guest Peg Jonkhoff.



Laura Jolly is presented with the grand prize, \$1,000, from Grand Traverse Pavilions Foundation Executive Director Deb Allen and PNC Bank Vice President and Pavilions Foundation Vice President Cindy Klingler.



Deb Jackson puts her raffle tickets in the prize buckets. Jackson won a pair of diamond earrings and a spa day at the event.



Volunteer LIFE Coaches for the event pose with Deb Allen before the guests arrive. LIFE Coaches included Mitch Truemmer, Lori Vermeesch, Jeff Yacks, Jim and Amy Coneset, and Jamie Wilson.



Grand Traverse Pavilions Administrator/CEO Kory Hansen and Cindy Klingler from PNC Bank welcome the players to the event.



Host of TV 9&10 afternoon program "The Four", Michelle Dunaway, helps Grand Traverse Pavilions Foundation Executive Director Deb Allen kick the night off.



Jody and Bill Ewing Pose with their prizes, a set of yard tools.



Grant to Support Concerts on the Lawn

The Michigan Council for Arts and Cultural Affairs (MCACA) has awarded the Grand Traverse Pavilions Foundation a \$3,900 grant in support of the 2019 Concerts On The Lawn free outdoor music series. The funds were awarded to assist with funding support to attract local artists to perform for the free concerts. Thirteen musical performers are paid to entertain the residents of the Grand Traverse Pavilions, their families and the estimated 2,500 community guests who attend each week. "We wish to thank The Michigan Council for Arts and Cultural Affairs, and NorthSky Non-profit/Rotary Charities who administer the grant locally, for their continued support of Concerts on the Lawn," says Kory Hansen, Administrator/CEO of Grand Traverse Pavilions. "These funds allow us to continue to bring top notch talent for our residents and community to enjoy."



MCACA previously awarded Grand Traverse Pavilions \$2,900 for the 2018 season and \$1,000 for the 2017 season. In addition to the funds from MCACA, local business sponsors help underwrite the costs of hosting the concerts. To meet

the needs of the growing series, the Grand Traverse Pavilions has invested in updating the Donald and Agnes Hayden Family Gazebo and the Grand Lawn to improve the experience for residents and concert goers.

Plans for the 2019 season are already underway with a thirteen week Thursday evening concert schedule that will run from June 6 through August 30 next summer. We are also pleased to share that initial discussions with Serra Subaru of Traverse City has confirmed they are again interested in supporting the concert series as the Title Sponsor.



The Petoskey Steel Drum Band drew the largest crowd for the 2018 season. To accommodate larger bands and additional equipment, the Gazebo's electricity was upgraded.



Grand Traverse Pavilions FOUNDATION

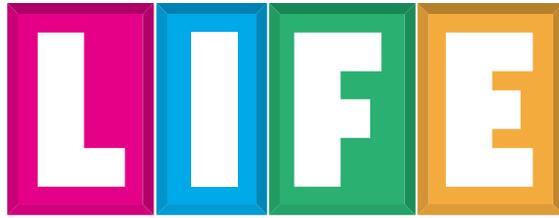
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Individuals over 70 and a half years of age can make a charitable rollover gift from their individual retirement account (IRA). Your gift will count toward the required minimum distribution and will not be taxed. Please consider this opportunity to support programs and services for less fortunate elderly in our community by contacting the Grand Traverse Pavilions Foundation at (231) 932-3018.

The
GRAND
EVENT



Supporting the



Grand Traverse Pavilions
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PNC BANK

And To All Of Our Sponsors Who Support Successful Aging In Our Region By Supporting the Grand Traverse Pavilions Foundation!

