Investing Today to Impact Tomorrow

Spring 2018

Jamie Hall: A Life Transformed

People assume that when you reach the point where you need nursing home care it is time to slow down, give up working, and put aside your hobbies. However, Jamie Hall hasn't slowed down at all since becoming a resident of Grand Traverse Pavilions. She continues to serve as President of the nonprofit Keys to Freedom Ministries and has been a Chaplain of the Grand Traverse County Jail for 34 years. While she doesn't personally go into the jail anymore, she works with Chaplain Tina McCalley and Chaplain Joe Bradway, who serve on the board of Keys to Freedom Ministries serving local inmates. She even holds board meetings at the Pavilions and takes a taxi, if necessary, to meetings and fundraisers offsite. According to Jamie, "The Pavilions' staff has been great about finding us a place to meet when we need a room for board meetings."



Jamie Hall

Jamie is very honest about how she became involved with jail ministry. It started with a run-in with the law back in 1981. She spent 45 days in the Grand Traverse County Jail during which time she gave her life to Christ. Realizing there was very little for female inmates to do while incarcerated, she felt a calling to help other women find their way and provide support to help them turn their lives around.

Through her experience with the jail ministry, she met her husband Bob Hall, who was a jail chaplain for 57 years before passing in 2007. They worked together for years to support inmates and their families.

While most people fight living in a nursing facility, Jamie embraces it, realizing that she doesn't want her care to impose on her children. "It wouldn't have been right to have my daughter have to care for me. It was hard on her at first that I chose to do this but it has been the best thing to happen to me. This is my home until the Lord calls me home," said Jamie. She moved into the Pavilions in December of 2015 after a stay in the Rehab Center. She was familiar with the Pavilions because she had family members who had lived here and several who worked for the organization.

She chose her new home during that stay, picking out her spot on our Cherry Pavilion.

When she's not doing her life's work of jail ministry, she can often be found doing puzzles, or filling in on Sundays when a pastor is needed to hold church services. She also is a big supporter of Grand Traverse Pavilions. "I would encourage anyone that could support the Pavilions to do so, because it is important to this community and this county. They provide excellent care here and I don't know that you can find that anywhere else."

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20 Years of Grand Traverse Pavilions



May is always Older American's Month, with the second full week of May designated to recognize National Skilled Nursing Care. This year the week was devoted to the theme "Celebrating Life's Stories". One great thing about working in a skilled nursing facility is that it is truly a community of its own, full of interesting people and stories. So for this issue, we've decided to feature some of the people who make the Grand Traverse Pavilions a great place to live and work. We could write a book full of stories on the amazing people in our community.

For our 20th Anniversary we have chosen to highlight some of those remarkable individuals in this issue by sharing their stories and photos. So many people make

the Pavilions community what it is. Every one of our over 300 residents has a story to tell. There are over 400 dedicated employees who work hard every day to make the Pavilions great. Volunteers, from individuals who come in regularly, to school, church and civic groups who come in for special occasions and activities, bring cheer to the building daily.

The community support for the Pavilions over the last 20 years has been phenomenal. We couldn't provide the level of care that we do without that support, so thank you.

Lough Hansen
Administrator/CEO



Leadership in Action

We have 35 employees who have been at Grand Traverse Pavilions since it opened in 1998. That kind of employee loyalty doesn't come without steady leadership. The average tenure for the members of our Executive Team is over 10 years. That starts at the top, with our Administrator/CEO Kory Hansen, who started in the accounting department of the Grand Traverse Medical Care Facility in 1992.

"Through the leadership and vision of Kory we have been able to improve clinical services and quality of care provided to our residents and to our surrounding community," said Rose Coleman, COO of Clinical Services. "I am proud to work for an organization whose leader has the fore thought to stay on the cutting edge of care – who allows the staff to branch out and bring new ideas and technology and who leads by example."

Part of the reason we have such great employees is the hard work of our Human Resources team, led by the Director of Human Resources Leslie Etienne. Leslie was one of several employees hired when the Pavilions opened in 1998. She started in our Marketing & Community Relations Department, then worked in Admissions and Residential Services, before moving to Human Resources in 2003.

"Leslie is one of those rare employees that have the ability to excel in more than one capacity. Leslie has worked in many different positions in the organization, eventually working into her current leadership role as Director of Human Resources," said Robert Barnes, COO of Support Services. "In each position, she has shared her energy, passion, and a self-imposed level of excellence that inspires us all to bring our 'A' game every day. Leslie's kind heart and compassion for others has enabled her to be a strong advocate for the employees at the Pavilions."

To learn more about the 13 members of our Executive Team at Grand Traverse Pavilions, visit our website at www.gtpavilions.org/executive-team.



Kory Hansen, right, serves guests at the Pavilions Pig Roast in 2003, with a volunteer (middle) and former Residential Services Director Penny Hanks (left).



Leslie Etienne with the winner of a Grand Traverse Pavilions T-shirt when she worked in Community Relations.



COO Rose Coleman and husband Joe supporting the Grand Traverse Pavilions Foundation at the 2017 Grand Event



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Legacy is a publication of the Grand Traverse Pavilions Foundation. If you no longer wish to receive mail from us or to change your contact information please contact Jessi at jweir@gtpavilions.org or call (231) 932-3018.

We would also love to add you to our email list. Please share your email with us so we can keep you better informed of what's happening here at Grand Traverse Pavilions.



1000 Pavilions Circle Traverse City, MI 49684 (231) 932-3018



Deborah Allen

In the last issue of Legacy current Foundation President,
Dennis Prout, shared his personal pride in serving the Grand Traverse Pavilions Foundation based on a

proud history of service to the region. With the celebration of the Pavilions' 20th Anniversary planned for this coming June, it is noteworthy to again mention that the Grand Traverse Pavilions Foundation was started in support of the Pavilions' noble Mission which is "to provide accessible, trusted and compassionate care that enhances quality of life for aging adults." The ability of the

Foundation to provide support for the programs, services, and aesthetics that enhance the quality of life of our residents has been made possible by some of the most giving and compassionate individuals in our community's history.

The Pavilions Foundation has been blessed with an impressive list of individuals who have made a commitment to the elders of our community through their service on the Grand Traverse Pavilions Foundation Board. Below is a listing of the individuals who have served, and are currently serving. The gift of leadership along with the traditional; time, talent, and treasures, offered through the years are both admirable and appreciated. We share this list to demonstrate that it is, and always will be, people helping people that makes a difference in the world.

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*Denotes current board member



George (center right) and Clara McManus (far right) pose with Dr. Douglas and Arlene Frantz at the Pavilions Groundbreaking Ceremony in 1997. George and Clara were instrumental in getting the millage for the Pavilions passed.

In this edition with the stories of individuals that make, or have made, Grand Traverse Pavilions great, it is extremely important to mention the families that deserve special recognition in this 20th Anniversary edition of our appropriately titled "Legacy" publication. The individuals have encouraged and supported the Pavilions' "great work" over the past 20 years. The Pavilions may not exist in its current form if not for the vision and support of people like Arthur and Mary Schmuckal. Art provided the leadership as Chairman of the County Board of Commissioners (then called the Board of Supervisors) when the Pavilion's flagship operation, Grand Traverse Medical Care Facility, was approved more than 60 years ago and Mary served as a Trustee on the initial Grand Traverse Pavilions Foundation Board. The Schmuckal legacy lives on through their daughter, Evelyn Richardson, who joined the Foundation Board after her mother's passing in 1999. Evelyn has served as a President of the Foundation, is a champion for the Program of All-inclusive Care for the Elderly (PACE), and is joined in this support by her sister Barb Benson,



Arthur and Mary Schmuckal

with both serving as members of the PACE Capital Campaign Committee. The entire Schmuckal family has been a part of their parent's proud legacy by providing sponsorship support from Schmuckal Oil Company and grants through the Art & Mary Schmuckal Family Foundation.

Similarly, generous support continues to be provided by the Donald and Agnes Hayden Foundation. Donald Hayden served on the Pavilions Foundation Board from 2001 - 06, and was succeeded by his wife, Agnes Hayden, who joined the board after his passing and still serves the board today.

Another set of strong supporters who were at the ground-breaking for the Grand Traverse

Pavilions in 1997, are George and Clara McManus. George and Clara were instrumental in getting the millage for the Pavilions approved. Clara is a longtime member of the Foundation Board and in recognition of her fundraising efforts the Clara McManus & Friends Endowment Fund was established in her honor.

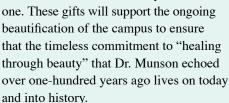
These are just a few of the individuals who have made the services to the elderly their personal passion. Countless individuals and families have been impacted by their leadership and generosity and they are all

true champions of the communities most vulnerable – our elderly!

Although we can't possibly mention every person that has made a significant gift to support the Pavilions efforts at some point over the past twenty years, please consider this column a genuine "Thank you" for

those who have!

Today, we have a unique opportunity to invite the residents of the Grand Traverse Pavilions. their families, and the community reading this article, to join us in celebration of 20 Years of Service to the elderly of our community and in commitment to future generations through the purchase of a brick paver, park bench or living memorial in honor or memory of a loved



For more information on how you can support the ongoing efforts of the Grand Traverse Pavilions for future generations please visit the Foundation website www.gtpavilions.org/giving-opportunities or call Deborah Allen, Foundation Executive Director at 231-932-3018.



Donald Hayden served on the Grand Traverse Pavilions Foundation Board from 2001 until his passing in 2006. His wife Agnes now represents the Hayden family on the Board.



Resident Caryl 'Tav' Tavener sees his picture on the wall for the first time.

New Military Honor Unveiled

Grand Traverse Pavilions is excited to announce our new Military Wall of Honor, dedicated to honoring the over 50 Veterans we serve. The wall, which is just above the main lobby outside our Cherry Pavilion, features pictures of veteran residents here at Grand Traverse Pavilions. The wall was the brainchild of Executive Assistant Darcey Gratton, who submitted it to the Grand Traverse Pavilions Foundation Board for a grant. However, several community members stepped up with support, making Foundation funds unnecessary. Supporters of the wall include Floor Covering Brokers, LaVerne Broughton, the Grand Traverse Area Veterans Coalition, Northwestern Michigan Chapter of the Military Officers Association of America, and Cherryland Veterans of Foreign Wars Post 2780. Our amazing Environmental Services staff worked to prepare the wall and hang the photos, with special effort put in by Luke Johnson, who carefully hung the over 30 frames. If your loved one is at the Pavilions and is a veteran, but is not on the wall, we would love to get their picture and information on their service up! Please contact our Life Enrichment Staff by calling 932-3000 and they will assist in gathering what we need.

The Faithful

Nationally the average employee in the work force today stays at a job 4.4 years which makes the 35 employees that have been at Grand Traverse Pavilions for the last twenty years or more even more impressive. Their loyalty to our mission and to our residents is remarkable. While a newsletter doesn't provide enough room to highlight all of them, we'd like to highlight a few of our amazing staff members that make the Pavilions a great community of caring.

Carol Gordon has been a Pavilions employee for 29 years, working in our Financial Management Department where her expertise in billing and complicated insurance regulations is second to none. "Carol is responsible for the billing of all skilled nursing admissions at the Pavilions," says John Jacobs, Financial Management Director and Carol's supervisor. "She has been able to handle all the changes in regulatory requirements with a smile on her face over the past 25 plus years. It has been a pleasure to work with her the past 18 years." She loves the outdoors and can often be seen outside walking on her lunch breaks. Carol is also a devoted mother and grandmother.

Hard working and dedicated in the dictionary should have **Wes Sanford** as the definition. Wes, an LPN, was a new hire when the Pavilions opened in 1998. He has a mild temperament that works great with our residents. His soft-spoken and even keeled demeanor provides a calming presence for those in need of care. He is always willing to go the extra mile on a daily basis, lending an ear to listen to anyone who needs to be heard and a supportive shoulder when they are feeling down.



Wes Sanford

"Wes is an excellent employee always looking for solutions before there is a problem and remaining calm in high stress situations," says Holly Edmondson, Director of Nursing. "Regardless of where a resident resides within the Pavilions. Wes sees all residents and patients as his and will go out of his way to make their day better."

Andrea Tiffany has worked with many, many different residents in the Pavilions, and as an employee of Grand Traverse Medical Care Facility before that. As a CNA in Restorative Therapy, she has a firm grasp of all facets of restorative nursing and has good rapport with both residents and staff. She is diligent in alerting the supervisor of changes in a resident's ability to complete their restorative program and offers suggestions for improving the restorative program to meet a resident's current abilities.

"I am proud to have Andrea on our restorative team," says Dawn Budzinski, Continuous Quality Improvement Coordinator. "She provides encouragement that helps the residents complete their programs and maintain their level of health."



Jennifer Johnson

Jennifer Johnson started working for Grand Traverse Medical Care Facility in 1990. When it became Grand Traverse Pavilions in 1998, she was behind the receptionist desk in the main

lobby greeting visitors. She's worked in a variety of departments over the years and is currently the Administrative Secretary for Nursing Administration. No matter what her role or title, she's always been someone her coworkers could count on to help get the job done.

"The first thing I think about when asked about Jennifer is her positive, can-do attitude and her ability to always remain calm in any situation," said Darcey Gratton, Executive Assistant. "Her willingness to tackle any assignment has always made her a huge asset to the organization and we are very fortunate to have her on our Administration team for over 25 years!"



Peggy Baranski

Peggy Baranski started as a CNA at Grand Traverse Pavilions back in 1989. She worked full-time and went to school, all while being a mom of two. Her dedication in becoming

a nurse is matched by her dedication to her residents as Assistant Director of Nursing on our Dogwood Pavilion. Peggy is a strong leader and a great teacher. Her dedication to the organization and the residents goes far beyond the day to day duties. Peggy will go out of her way to ensure each and every one of the residents has what they need in providing individualized care and to create a comfortable home setting. She is a great teacher, role model and mentor.

"Peggy has taken many of us fellow ADON's and so many others under her wing and taught us the many skills that have assisted us in being successful here at GTP," says Marta Pratt, ADON. "Peggy continues to grow with the organization and has been a leader in the ever changing technology that now shapes how we function here at the Pavilions. Peggy will always take the time to help out, teach, and lend an ear to those needing it. She is truly a one of a kind that we affectionately call our 'Yoda'."

Without **Shelly Coddington** the Pavilions would be up a creek without a paddle—literally. Everything that gets ordered for the Pavilions goes through Shelly, whether it is paper clips or medical supplies. She is very organized, often reciting obscure stock numbers off the top of her head.

"With a quiet but confident approach, Shelly Coddington has been a vital part of Central Supply and the organization for many years," says Environmental Services Manager Mckenzie Tompkins. "Her role in procuring specialty equipment and nursing supplies for new admissions is vital to the organization and its evolving continuum of care."

Linda Burton has been a recreational therapist for 34 years, 29 of those while employed at Grand Traverse Pavilions. She interviews every new resident and rehab patient about what their interests and needs are, from favorite books to

Connecting the Dots



Linda Burton

joining group activities. Her enthusiasm for her field has led to her serving on the Michigan Association of Activities Professionals (MAAP) Board

for the last 17 years, currently as Vice-President and was chosen to represent Michigan and MAAP at the National Association of Activities Professionals National Conference in Philadelphia this April.

"The Pavilions, our residents, and families are so fortunate to have Linda. She is always so encouraging and helps residents enjoy activities and find new interests," says Holly Kazim, Dementia Services Director. "Linda has a great relationship with our residents and their families. She always takes the time to check in and get to know each resident and their interests, while always looking for new ways to engage them, their families and our community to make lasting memories."



Cindi Poduba

Cindi Pobuda
is a social
worker on our
Dogwood Pavilion. Devoted
to family, Cindi
loves being
a mom and
grandmother.
Her devotion to
family shines

through and shows in her empathy with resident families.

"Cindi has a heart of gold and works tirelessly to advocate for our residents. She is empathetic, understanding, and brings joy and comfort to everyone she encounters, "says Peggy Baranski, Assistant Director of Nursing on our Dogwood Pavilion." As a healthcare social worker, Cindi is an integral member of our GTP caregiver team, and I consider myself very lucky to have such a compassionate, competent person to closely collaborate with to provide services for our residents."

Marilyn Romatka says she has the best job in the world. After quitting biochemistry to devote more time to her special needs son, she first started learning folk arts for something to do on the weekends, then made the leap into teaching. A resident of Seattle, WA, she studies folk arts all over the world, then creates lessons that work with one of the hardest groups to teach: middle schoolers. "When teaching to middle schoolers the lesson has to be engaging and clear," says Marilyn.

She took her passion for folk arts and created a book of lesson plans "Creative Crafts of the World" that offers 15 lesson plans for teaching folk art to groups. Her mom, Shirley Newton, brought the book to Life Enrichment Coordinator Kari Belanger, and suggested that Marilyn come teach residents, including her dad Warren, at the Pavilions.

"My mom said to me 'when you come to visit, why don't you teach a class for dad and invite others to come?'" says Marilyn. "We picked the Aboriginal Dot Painting because it is easy for people with dexterity issues."

The class was a success, with several residents enjoying the

class and creating some unique artwork. One resident, while painting, said "Today is a good day." Marilyn hopes to teach more classes the next time she comes to visit her parents. Find out more about Marilyn's book and the art she teaches at www.taprootfolkarts.com or take a virtual class at www.taprootvideo.com.

Marilyn's dad Warren is a fairly new resident at the Pavilions, but has been doing well since moving in. "It was hard for me to bring Warren





Marilyn Romatka teaches a class on Aboriginal Dot Painting.

here but I think I've got him in the best place anywhere that he could be. I do," says wife Shirley. "I love the fact that they have so many activities to keep him busy and social."

Shirley cared for Warren at home for 19 years. She looked at several places in their former

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would like to share with

our residents? To find out

more about opportunities

to share a gift of time and

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home of Port Huron for Warren before deciding to move to Traverse City to be closer to their son and found the Pavilions. Warren worked in maintenance and enjoys watching others work. "I'm glad you didn't build the fountain before he moved in because he's really enjoying watching that be built,"

says Shirley. The family has sponsored a bench in Warren's honor that will be in the Pavilions Plaza. When he's not watching the fountain go in, Warren likes to watch the Environmental Services team work around the Pavilions.

"One of the things I noticed when I came here is how nobody ever goes by without smiling or saying hello," says Shirley. "I am amazed at how many staff know Warren and call him by name."



Residents learned Aboriginal Dot Painting, painting several different designs with the help of Marilyn and Shirley.

Are you over 70½?

Individuals over 70 and a half years of age can make a charitable rollover gift from their individual retirement account (IRA). Your gift will count toward the required minimum distribution and will not be taxed. Please consider this opportunity to support programs and services for less fortunate elderly in our community by contacting the Grand Traverse Pavilions Foundation at (231) 932-3018.



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