Investing Today to Impact Tomorrow

Get Ready for LIFE

Grand Traverse
Pavilions Foundation is excited
to announce the
details of their
annual fundraiser:
The Grand Event:
LIFE. The event is
based on Hasbro's The Game

The GRAND EVENT



ing 65 every day in our country. "The Pavilions is preparing for an unprecedented number of aging adults in our region," says Kory Hansen, Administrator/CEO of

Summer 2018

of LIFE®, which most baby-boomers remember fondly from their childhood. This ticketed event will allow participants to play the game with a chance to win a grand prize of \$1,000 from PNC Bank as the Grand Event Bank Sponsor for LIFE. The game will feature various local business sponsors offering thousands of dollars' worth of amazing prizes to the participants.

"We are envisioning as many as 250 participants playing the Game of LIFE with their family and friends at the event and having the opportunity to win great prizes." says Deborah Allen, Executive Director of the Grand Traverse Pavilions Foundation. "The Game of LIFE fits so well into our vision of successful aging. Players strive to navigate through 'LIFE' with the end goal to achieve a happy and healthy retirement. Funds raised from the event will be utilized to support Grand Traverse Pavilions special projects to ensure area seniors have the ability to age with grace, independence and a sustained quality of life."

The Grand Event is held each year the Saturday prior to Grand-parents Day, the only National Holiday established to honor our elders. This year's event will be held at the Grand Traverse Resort & Spa on Saturday, September 8, 2018 starting at 7 pm. Hosting the event on Grandparents Day weekend, while featuring playing a game that focuses on successful aging, works well with the Pavilions' mission "to provide accessible, trusted and compassionate care that enhances quality of life for aging adults."

The aging of the baby boomer generation has resulted in what is being called a "silver tsunami" with 10,000 baby-boomers turn-

Grand Traverse Pavilions. "In Grand Traverse County 20% of the population will be over the age of 65 by 2020. Neighboring Leelanau County is one of the fastest aging counties in the state. The one thing that most aging adults have in common is that they want to maintain a healthy quality of life well into their retirement years.

"The Grand Event: LIFE is a unique opportunity to engage the community and area businesses with a shared goal of supporting and honoring our elders," says Allen. "With great opportunities for some amazing prizes, we expect it to be a fun evening." Adults are encouraged to form teams and play LIFE to support a worthy social charity whose mission is to care for the needs of our region's aging adults.

Proceeds from the event will be shared between the Grand Traverse Pavilions Benevolent Fund, in support of the nearly \$4.5 million in charity care provided by the organization annually, and in support of efforts to bring the Program of All-Inclusive Care for the Elderly (PACE) to our region.



More information on the event and our sponsors can be found at our website, gtpavilions.org/grand-event-life. Adult tickets for the Grand Event start at \$100. Corporate Sponsorship levels start at \$1,000 and up. Sponsors of the event garner great exposure to hundreds of local residents, supporters and participants. Interested sponsors can reach out to the Grand Traverse Pavilions Foundation for more information at (231) 932-3018 or email Jessi at jweir@gtpavilions.org.

Honoring our past, celebrating the present, embracing the future



Kory Hansen

The Grand Traverse Pavilions is all about successful aging. In the twenty years since we opened, I think you can say we have aged well. We have grown and are now home to over 300 residents. The Pavilions is publicly owned and has operated financially self-sufficient for over 30 years without county funds or an operational millage. Through the years we have remained committed to our mission to provide accessible, trusted and compassionate care that enhances quality of life for aging adults.

On June 21 we celebrated the Grand Traverse Pavilions 20th Anniversary by unveiling the new Pavilions Plaza and Fountain. The event was celebrated with state legislators, Grand Traverse County officials, community leaders, our staff, residents and their families. Former Department of Health and Human Services Board Member and Champion for Elder Care Mary Marois then spoke of the history of Grand Traverse Pavilions.

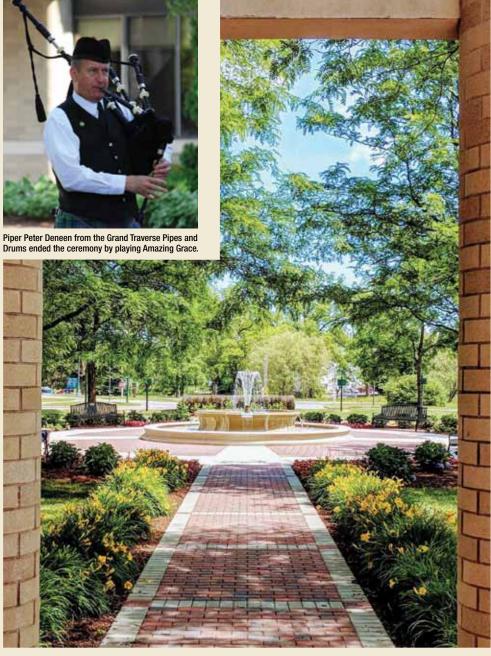
State Representative Larry Inman, who was Chair of the Grand Traverse County Board of Commissioners when the Pavilions opened in 1998 spoke next of his history with the organization and his own personal experience. The Executive

Director of the Grand Traverse Pavilions Foundation, Deborah Allen, followed with a thank you to the donors who made the project possible. Dignitaries attending helped cut the ribbon to the new Plaza and Fountain, including Chairperson of the County Commissioner, Carol Crawford, and honored guest Diane Hirtreiter. Diane was a longtime employee who retired and continues to be an important part of the Pavilions team as a dedicated volunteer. Peter Deneen, of the Grand Traverse Pipes and Drums, closed the celebration with a performance of Amazing Grace, which was reminiscent of Jim Moore's performance at our opening in 1998.

The ceremony brought us full circle, since the fountain was part of the original design concept for the Pavilions in '98. With heartfelt thanks to the many donors who have contributed to the Fountain Fund over the last twenty years we are now able to complete the Pavilions plan. As we honor our past, we also rededicate ourselves to our mission. We look forward to serving the community for future generations with a vision of being the region's trusted partner and recognized leader for successful aging services.

Lough Hansen

Kory Hansen Administrator/CEO



Employee Drew Spencley captured this shot of the fountain during a quiet moment pre- festivities. Brick pavers around the plaza pay tribute to loved ones, families, and supporters.



Kory Hansen welcomes the crowd to the 20th Anniversary Rededication Ceremony.



County Commission Chair Carol Crawford helps Kory Hansen cut the ribbon on the new fountain as Representative Inman, Mary Marois, Evelyn Richardson, and Diane Hirtreiter watch on.



Over 100 members of the community attended the Rededication Ceremony.



After the ceremony, guests moved to our Grand Lawn to enjoy the Grand Traverse Pipes and Drums concert. Before the concert, State Senator Wayne Schmidt offered a proclamation to Administrator/CEO Kory Hansen.



Leo and Sharon Hughes sit on the bench that honors their family's dedication to the Pavilions. The fountain fund was started by Leo while he was a board member for the Grand Traverse Department of Health and Human Services.



Guests enjoy the Pavilions Plaza and Fountain after the ceremony.

People Helping People

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Legacy is a publication of the Grand Traverse Pavilions Foundation. If you no longer wish to receive mail from us or to change your contact information please contact Jessi at jweir@gtpavilions.org or call (231) 932-3018.

We would also love to add you to our email list. Please share your email with us so we can keep you better informed of what's happening here at Grand Traverse Pavilions.



1000 Pavilions Circle Traverse City, MI 49684 (231) 932-3018



Dennis Prout, CFP®, RMA, Master Elite Advisor

In life you are told expect certain things.
Some ring true; others do not.
For example,
I was told that being a grandparent was going to be better than being a parent. At the

time, in my mid-thirties, barely making ends meet while trying to juggle three children, a mortgage and a business, the idea of becoming a grandparent was a lifetime away. But now, in my late-fifties with the career I've always wanted, grown children whom I have deep relationships with, and four amazing grandkids, I realize they were right! I used to dream of luxury vacations to help me escape the chaos and demands of life; now, I dream of a weekend getaway to be with the grandkids. In fact, I've used all of my vacation time this summer to host them up north. Yes, being a grandparent truly is better (just don't tell my children I said that).

In life where do you find yourself? Are you in a season of intense decision-making or one of celebration? Are you consumed with the present demands of family, health and finances or are you able to relax and enjoy the current moment? My hope for you, regardless of where you find yourself, is that you have the wherewithal to plan. We never stop planning, pivoting and then planning again. Perhaps the silver lining to aging is that we accept this rhythm. When I meet with clients, my first question is always, "What do you want your money to do for you?" And the answer is usually about planning for their personal lifestyle goals, their desire to remain independent, and to plan for their families. Money is just the vehicle to carry out a much bigger vision. My most successful clients aren't necessarily the ones with large portfolios. They are the ones who have planned and learn to pivot when things haven't gone their way. They can look at situations out of their control almost as if looking at a board game. What can they do with what there is? How can they regain control in situations that feel are as random as the spin of a wheel?

Do you remember Hasbro board game "The Game of LIFE"? It's a fun, visual opportunity to see that your decisions (as a player) help you win the game by retiring at Sunnyside Acres or Millionaire Estates. If only our options as adults were that simple today! The Grand Traverse Pavilions Foundation event committee has made the connection between successful aging and successful living through the game. It is called, The Grand Event: LIFE!

As retirement specialists, Prout Financial Design is pleased to be the Retirement Advisors for LIFE sponsor for the Grand Event: LIFE which will take place on Saturday, September 8. This fundraising event is intentionally planned one day before the only national holiday "Grandparents Day" established in this country to honor our elders. We invite you to join us (along with 200 or so of our closest supporters) to play the Game of LIFE. There will be opportunities to win prizes including a \$1,000 cash gift from PNC Bank, the Grand Event Sponsor! With your help, there will be a room full of tables of players competing in the game of LIFE while supporting successful aging in our community. As a certified financial planner, I encourage you "make a plan" to be there! Start by purchasing your tickets and consider purchasing a table. It will be an evening of planning, pivoting, spinning and winning!

I hope to see you there—Dennis.



Being a Grandparent is one of the greatest gifts in my life. Come join us Saturday evening of Grandparents Day Weekend, September 8, 2018, to support the Grand Traverse Pavilions Foundation's Grand Event: LIFE

Pets Naturally Renews Sponsorship

Willow, the house cat of Willow Cottage at Grand Traverse Pavilions, became the resident pet when adopted by our Adult Day Program residents in September of 2012 while still a kitten. Willow has been keeping our Willow Cottage residents and Adult Day participants company ever since, providing joy and companionship to those who are no longer physically able to care for a pet of their own.

Willow has been sponsored for the last year by Pets Naturally in Traverse City and they have agreed to renew their support of Willow for another year! Pets Naturally is Northern Michigan's Premiere health food store for pets. They sell foods, treats, and toys that are 100% safe and made in the United States and Canada, chosen wisely by their knowledgeable staff to keep furry family members healthy and happy!

Willow won't be the only one benefiting from her healthy diet provided by Pets Naturally. Studies have shown that having a cat or dog in assisted living facilities helps to lower the residents' blood pressure, reduce cholesterol, and relieve depression. So keeping Willow healthy can also keep our Willow Cottage residents and Adult Day Participants healthy as well. Find out more about Pets Naturally at www.petsnaturallytc.com.



Russell McNamara Honored with Lifetime Leadership Award

The National Cherry Festival with Senior Events Sponsors Grand Traverse Pavilions and the Record-Eagle (www.record-eagle. com) named Russell McNamara the 2018 Lifetime Leadership Award Honoree during the Lifetime Leadership Breakfast on Monday, July 2, 2018 at the Elks Lodge in Traverse City.

McNamara was recognized for decades of leadership, volunteerism, and service to their community. His commitment to service began with the US Navy. As a businessman in Traverse City he looked for ways to give back to the community. He coached youth sports and was active in scouting. He was involved in numerous organizations including the United Way, the Michigan Boating Industries Association, the Traverse City Area Chamber of Commerce, the Traverse City Lions Club, the Elks Lodge, the Coast Guard Auxiliary, Kiwanis, the NMC BBQ Committee, the Boys Club, is a volunteer for the National Ski Patrol and the Music House Museum. For over 15 years he turned his passion for flying into service for others through his work with Wings of Mercy, flying those in need of medical care to hospitals at no charge.



National Cherry Festival President lan Hollands and Queen Ashley Schichtel pose with winner Russell McNamara at the Award Breakfast.

"This community is fortunate to have these individuals who have a deep commitment to their community," said Deborah Allen, Executive Director of the Grand Traverse Pavilions Foundation. "These nominees are all truly inspiring individuals who have

worked to make our area a great place to live."

In addition to McNamara, nominees for the award included Marilyn Jensen, Barb Payne, Kerry Secrist, and Diane Walton.

A Grand Time on the Grand Lawn

Have you made it to the Concerts on the Lawn this season? Those who have were treated to great performances from some of our fan favorites! We've been fortunate this season to have excellent weather and the crowds have been phenomenal!

The concerts wouldn't be possible without the help of our amazing sponsors and our volunteers. Once again Serra Subaru stepped up to be our Title Sponsor for the season. Headliner sponsors for this season included The Watershed Center, Prout Financial Design, Floor Covering Brokers, Hospice of Michigan, Fifth Third Bank, Nate's Best Kettle Corn, and Heartland Hospice Care. Media sponsors included the Traverse City Record Eagle and Midwestern Broadcasting stations WTCM NewsTalk 580, WTCM 103.5, Z93, 107.5 WCCW and AM 1310 the Score. We thank them graciously for their support and hope that you will take the time to thank them as well.



Dominic Fortuna returned to the Concerts on the Lawn stage this season for our opener.



Longtime volunteer Mel Workman operates a golf cart during the Peter, Paul and Mary Remembered concert



Ken and Pat Beck greet concert goers and assist those that need a ride to the back lawn on one of the three carts in service for those with disabilities or mobility issues.



Peter, Paul and Mary Remembered get the crowd out of their seats!

Volunteer support for the concerts has been amazing this season as well. Each concert requires around 40 volunteers for about 100 hours of labor combined. Several of our volunteers have been involved since the concerts first began and return every year. If you see our volunteers at the concerts, please thank them for their help. We couldn't do it without them!



Michael Vogel and Jack (Superman) Armour man the grills in the food tent.



The second concert fell on Flag Day, so Cottages Resident and Air Force Veteran Ray Prosch led the audience in the pledge, with assistance from Grand Traverse Pavilions Foundation Executive Director Deborah Allen



Mike Fornes and The Gordon Lightfoot Tribute returned for the third year in a row.

Thank you sponsors!

We had an all-star line-up this season and brought back some fan We would like to thank this year's Title Sponsor, Serra Subaru of Traverse City for their support! They participated in every concert including bringing some cool cars out on the lawn for our quests to check out.



Media sponsors this year included longtime sponsor the Traverse City Record Eagle and the stations of Midwestern Broadcasting.











Valuable support was also provided by our headliner sponsors listed below.















favorites in honor of the Grand Traverse Pavilions 20th Anniversary: Dominic Fortuna; The Gordon Lightfoot Tribute; Grand Traverse Pipes and Drums; Peter, Paul, and Mary Remembered; Song of the Lakes; The Petoskey Steel Drum Band; Rebooted featuring Judy Harrison; the neXus Band; Miriam Pico; Bay Area Big Band; Jim Hawley: Remembering Dan Fogelberg; K. Jones & the Benzie Playboys; and the Backroom Gang. If you haven't made it yet, you still have a few more opportunities. The free outdoor concerts run every Thursday night on the Grand Lawn through August 30. Grab your lawn chairs or blanket and come join us!



Foundation Executive Director Deborah Allen greets the crowd with Mike McFarlan of Serra Subaru and Tonya Cook and Lisa Bloxsom of Hospice of Michigan.



The Petoskey Steel Drum band brought in the largest crowd yet—there was barely a patch of grass to be found on our Grand Lawn.



Pavilions staff members Holly Kazim, Sadie Lovano, and Darcey Gratton volunteer in concessions. About a quarter of our volunteers each week are staff that stay late and help.

Are you over 70½?

Individuals over 70 and a half years of age can make a charitable rollover gift from their individual retirement account (IRA). Your gift will count toward the required minimum distribution and will not be taxed. Please consider this opportunity to support programs and services for less fortunate elderly in our community by contacting the Grand Traverse Pavilions Foundation at (231) 932-3018.



1000 Pavilions Circle, Traverse City, MI 49684

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Grand Traverse Pavilions believes employees are our most valuable asset. With 450 staff members, the Pavilions is recognized as one the largest employers in Grand Traverse County. The longevity of our employees demonstrates their ongoing commitment and dedication to providing the best possible care to our residents each and every day.

Congratulations to the following employees who are celebrating milestone years of employment.

25 Years of Service*

Denise Councilor, Certified Nurse Aide

20 Years of Service

Shelly Coddington, Central Supply Coordinator Tamralee Crowley, Certified Nurse Aide Leslie Etienne, Human Resources Director Nancy Hardy, Certified Nurse Aide Amy Lambert, Certified Nurse Aide Cathryn McCorry, Sodexo Cook Supervisor Cynthia Pobuda, Social Worker Barbara Prentice, Certified Nurse Aide Elizabeth Riffle, Certified Nurse Aide Wesley Sanford, Licensed Practical Nurse Rebecca Spaulding, Certified Nurse Aide Amanda Wright, Sodexo Server

15 Years of Service

JoAnn Knudsen, Certified Nurse Aide Janet Malone, Certified Nurse Aide Marta Pratt, Assistant Director of Nursing

10 Years of Service

Amy Attee, Certified Nurse Aide Caitlin Buren, Registered Nurse Cynthia Chavalia, Certified Nurse Aide Penny Chimeo, Universal Worker Helen Dean, Certified Nurse Aide Gloria DeWitt, Launderer Lucas Dobb, Registered Nurse Nicole Ferguson, Certified Nurse Aide Niki Hengartner, Certified Nurse Aide Elena Lackie, Certified Nurse Aide Laurie Makowski, Senior Accounts Technician Cheryl Mansfield, Licensed Practical Nurse Stefanie Pollock, Launderer Carmin Potvin, Certified Nurse Aide Chelsea Schroeter, Registered Nurse Mariva Silkovska, Custodian Jennifer Smith, Child Care Facilitator Pamela St. Amour, Registered Nurse

5 Years of Service

Bethany Burns, Occupational Therapist Jessica Cobb, Occupational Therapist Bria Collins, Sodexo Server Kathryn Conlan, Staff Development Coordinator Dominic Evans, Certified Nurse Aide Khia Fay, Licensed Practical Nurse Jennifer Gee, Registered Nurse Roger Hendrickson, Skilled Maintenance Katherine Hinze, Physical Therapist Barbara Hoseit, Custodian Brian Kevwitch, Custodian Kathryn Lawrence, Certified Nurse Aide Josh London, Sodexo Server Diane Mallory, Human Resources Assistant Director Leah Masters, Social Worker Amy McLachlan, Universal Worker Michelle Mullen, Custodian Christy Myzel, Certified Nurse Aide Hannah Obermever, Certified Nurse Aide Emily Rice. Certified Nurse Aide Stacy Simko, Registered Nurse Elizabeth Stepka, Registered Nurse Kayla Tillman, Licensed Practical Nurse Terry VanKleek, Sodexo Cook Supervisor Carrie Wilder, Registered Nurse Amanda Zimmer, Registered Nurse

* Started as an employee of Grand Traverse Medical Care Facility, predecessor to Grand Traverse Pavilions.

