

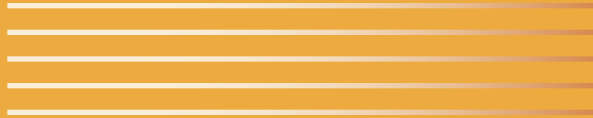
Legacy

Investing Today to Impact Tomorrow



Art Schmuckal, as Chairman of the Board of Grand Traverse County Supervisors in 1958, takes his turn with a shovel at the groundbreaking for the Grand Traverse Medical Care Facility (GTMCF). The Pavilions Flagship operation celebrates 60 years of caring for the community's most vulnerable in 2019.

- ▶ A family's legacy of caring
- ▶ PACE receives \$1 Million gift
- ▶ A multi-generational approach
- ▶ 60-year landmark
- ▶ Serra Subaru shares the love



A Grand Mission

The mission of the Grand Traverse Pavilions is to provide accessible, trusted and compassionate care that enhances quality of life for aging adults. As the region's first and only public, nonprofit Continuum of Care the Pavilions features:

- Long-term Skilled Nursing Care
- Short-term Rehab
- The Wellness Center: Inpatient and Outpatient Therapy
- The Cottages: Independent and Assisted Living
- Overnight Respite and Adult Day Services

Among the top employers in Grand Traverse County with over 450 employees, The Pavilions injects more than \$30 million into the local economy making a significant economic impact in our community. Grand Traverse Pavilions has operated financially self-sufficient for over 30 years and does not rely on allocation of county general funds or an operational millage while providing \$4.8 million worth of charitable care annually to some of the area's most vulnerable citizens.

With residents, participants, therapy patients, volunteers, and staff, Grand Traverse Pavilions is more than just a nursing home. It's a grand community of caring for generations.



Grand Traverse Pavilions

A COMMUNITY CARING FOR GENERATIONS

GTPavilions.org | 231.932.3000

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Legacy is a publication of the Grand Traverse Pavilions Foundation. If you no longer wish to receive mail from us or to change your contact information please contact Jessi at jweir@gtpavilions.org or call (231) 932-3018. We would also love to add you to our email list. Please share your email with us so we can keep you better informed of what's happening here at Grand Traverse Pavilions.

If you have a story idea for the Legacy magazine, we would love to hear it. Please submit story ideas to sonnabend@gtpavilions.org.



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Core Values



By Kory Hansen, Administrator/CEO

With the unveiling of the Pavilions Plaza and Fountain in 2018 we celebrated 20 years of Grand Traverse Pavilions. This summer will mark 60 years since our flagship organization, Grand Traverse Medical Care Facility opened its doors. It's important for every organization to take stock of its mission, vision, and values to reassess its relevance for today. We updated our mission and vision last year and recently updated our core values.

I would like to share this list of core values that represents the heart of what the over 400 employees of Grand Traverse Pavilions exemplify each day they show up to work.

- **Collaboration** – We believe the best environment relies on open communication, cooperation and inclusiveness which promote teamwork and accountability.
- **Compassion** – We strive to deliver care in a most loving and empathic manner as we would care for our families.
- **Excellence** – We strive to perform at the best of our abilities each day, seeking continuous learning opportunities and improvements that lead to best practices.
- **Innovative** – We encourage curiosity, creativity and resourcefulness to address our challenges.
- **Integrity** – We strive for an atmosphere of mutual trust and respect in our dealings with our residents, their families, co-workers, volunteers and vendors
- **Positivity** – We believe a vibrant and fun workplace inspires greater outcomes.
- **Security** – We strive to provide a safe and secure environment for all persons to be free from harm and exploitation.
- **Servanthood** – We strive to humbly serve our residents by meeting their medical and social needs.
- **Stewardship** – As a public non-profit, we strive to be responsible in the use of our limited resources in a wise and efficient manner.

These core values will guide us as we strive to achieve our mission of providing accessible, trusted and compassionate care that enhances quality of life for aging adults. We look forward to continuing to serve our community for many more years to come as the region's trusted partner and recognized leader for successful aging services.



The Schmuckal Family: A Legacy of Caring

This year is the 60th Anniversary of the Grand Traverse Pavilions parent organization, the Grand Traverse Medical Care Facility, established in 1959. Such milestones create the opportunity to pause and reflect on the historical relevance of what has been accomplished and who has helped to insure the organizations success through the years.

Prior to the creation of the Grand Traverse Medical Care Facility, care for the indigent and infirmed was provided at the Boardman Valley Hospital (also known as the county poor farm) a 22 bed facility located several miles south of the Traverse City limits. At the time, the Hospital was aging and deteriorating, and there was an opportunity to bring the services closer into town on the property previously held by the State Hospital.



Art and Mary Schmuckal

As with any major effort there needs to be community champions, and for the community's poor and elderly that was Arthur "Art" Schmuckal and his wife, Mary.

Art was Blair Township Supervisor, President of the Chamber of Commerce, on the Grand Traverse County Road Commission, and served on the Grand Traverse County Board of Commissioners (then called the Board of Supervisors). On January 9, 1956 Grand Traverse County Commissioners voted Art Schmuckal to the position of chairman. On the docket that day was discussion of the fire marshal's report on the Boardman Valley

Hospital. The hospital was deteriorating and no longer met the needs of the residents and patients. The hospital was the county's main resource for meeting Public Act 280, also known as the social welfare act, which requires local government to provide general assistance, hospitalization, infirmary and medical care to poor or unfortunate persons. Art and his fellow commissioners looked at future projections and realized that with a growing population a new facility was needed. At the time 8% of Grand Traverse County was over 65 and of those citizens 609 were on Social Security creating a pool of potential patients.

Under Art's leadership, the idea for Grand Traverse Medical Care Facility was born. It would take over 3 years to complete, but a state-of-the-art, one of a kind facility would finally open its doors on July 18, 1959 with 90 beds. Art emceed the opening ceremony and dedication of the facility where John Gambatto, Assistant Administrator of the State Department of Social Welfare stated "The poor house has gone over the hill in Grand Traverse County. 'Tis a great privilege to live in Michigan; it is a greater privilege to live in the Grand Traverse area."

As a county-owned medical care facility, no one would be turned away because of inability to pay. That is still true today even though Grand Traverse County has almost tripled in population. The percent of citizens over 65 in the county has almost tripled 22%. More than 70% of those served by the Grand Traverse Pavilions today rely on Medicaid assistance. The need for Grand Traverse Pavilions remains just as important today as it was in 1959.

Art and Mary Schmuckal were both extremely community minded. They were active in several service organizations, such as

The Optimist Club and Zonta, as well as volunteered and supported many civic, educational and religious opportunities. Mary Schmuckal was one of the original Board members for the Grand Traverse Pavilions Foundation, founded in 1998. Fortunately for the residents of Grand Traverse County, the Schmuckal legacy of caring for the community lives on. After Mary's passing, Art formed The Art and Mary Schmuckal Family Foundation to continue their legacy of philanthropy and to honor his wife of 53 years.

Today the Schmuckal legacy is continued in honor of their parents, by their children and grandchildren through The Art and Mary Schmuckal Family Foundation. Their daughter, Evelyn Richardson, has served as a trustee on the Grand Traverse Pavilions Foundation, taking over her mother's place on the board, after Mary's passing in 1999.

Both Evelyn and her sister, Barb Benson, continue to provide guidance on the PACE (Program of All-inclusive Care for the Elderly) Campaign Committee working to continue their parents commitment to the most frail and elderly of our region. The business Art and Mary started in 1955, Schmuckal Oil Company, provides charitable support for many local civic and non-profit events.

Schmuckal Oil Mini-marts was a major sponsor of the SwingShift and the Stars event in 2015 and again in 2017 with the Million Dollar Challenge. For both of these events Evelyn put on her dancing shoes to support the mission of the Grand Traverse Pavilions Foundation and PACE. The entire Schmuckal family rallied and cheered her on!

Many local organizations continue to benefit from Art and Mary's vision and generosity including Northwestern Michigan College, the Cowell Family Cancer Center, and the Grand Traverse Pavilions Foundation including the PACE program to name just a few. When Art passed away in 2012, Art and Mary had already set in motion a legacy of caring for the community they loved that would continue through their children, grandchildren, and for generations to come.

Besides providing comfort, warm water results in decreased pain sensitivity and supports the joints and one's body weight.

Countless studies have shown the importance of exercise, but as we age physical activity can be complicated by worries of falls and achy joints. One solution for this is exercising in a pool. Aquatic therapy is beneficial for individuals of all ages with a wide range of conditions including cerebral palsy, chronic pain, post-surgical deficits, stroke, Parkinson's disease, and arthritis, to name a few.

A therapy pool, like the one at Grand Traverse Pavilions, offers extra benefits because of the temperature. The water temperature is 92 degrees and bromine, not chlorine, is used to ensure complete comfort. The warm

water facilitates muscle relaxation, increases peripheral circulation, stimulates body awareness, balance, and trunk stability. The viscosity of the water provides resistance for strength training.

Besides providing comfort, warm water results in decreased pain sensitivity and supports the joints and one's body weight. It reduces gravitational pull and lessens compressive forces overall. Additionally, warm water exercise can help reduce anxiety and stress while improving your mood.

The Grand Traverse Pavilions Wellness Center Staff are your "aging in place" specialists! Ask your doctor about Aquatic Physical Therapy and if you would benefit. If you just want to enjoy exercising in a warm pool, join one of our many aquatic wellness classes. A variety of 5-6 week sessions are available and more information can be found on the website at gtpavilions.org/aquatic-class-info or call 231-932-3000 to set up an appointment.

Keep on Swimming



Advancing Education Through Scholarships

The Grand Traverse Pavilions is committed to the advancement of its care givers, support team members, and nursing professionals. Through the Grand Traverse Pavilions Foundation a Scholarship Fund was established to help advance the education, skills and certification of our employees to ensure the very best in quality care for our residents and the aging adult community we serve.

Applications are reviewed and approved by the Scholarship Committee on a subjective basis, looking at the employee's performance, attendance, and course of study, as it relates to their role in the organization. During this most recent granting period \$2,600 was approved to support scholarships for five Pavilions employees, each in very different levels of educational pursuit.

We wish to acknowledge and congratulate the following scholarship recipients:

Molly Lowe – CQI Coordinator, 7 years of service, pursuing a Master's Degree in Nursing

Craig Shantz – CNA, 1.5 years of service, pursuing Associates and Bachelor's Degrees in Nursing

Sadie Lovano – Administrative Secretary, 11 years of service, pursuing Associates and Bachelor's Degrees in Business Administration

Alexys Corby – CNA, 2 years of service, pursuing Associates and Bachelor's Degrees in Nursing

Emily Finkelberg – CNA, 2.5 years of service, pursuing Associates and Bachelor's Degrees in Nursing

Employee Spotlight: Linda Burton



Linda Burton

Linda Burton has been a recreational therapist for 35 years, 30 of those at Grand Traverse Pavilions. Linda Burton found her future career after meeting a Recreational Therapist while volunteering as a college

student. Her favorite part of the job is getting to interact with the residents and patients while doing something fun. "I don't have to give shots or help them take a shower," says Burton. "I get to be a part of what interests them and hear their stories about their lives."

As a recreational therapist she interviews every new resident and rehab patient about what their interests and needs are, to make sure they have things to do that meet their interests, from a favorite book to joining a group activity. While interviewing a new rehab patient a few years ago, she asked him what he needed while he recuperated. He asked her if the gentleman who had played guitar for him at the hospital could play for him at the Pavilions. Burton called Munson Hospital, talked with their volunteer coordinator, tracked down Certified Music Practitioner Doug Hansen, and asked him to come play for the patient, while he was in our rehab facility. That turned into Hansen coming to play for 10-12 residents, personally in their room, each week.

It's that devotion to those in her care that has made Burton a valued employee. She's been recognized internally a variety of times as Employee of the Month and Employee of the Year. Her enthusiasm for her field has led to her serving on the Michigan Association of Activities Professionals Board. Her dedication to senior care is why she has volunteered with the local Senior Companion Advisory Board, helping to train others to support the elderly. She's also community minded, serving on the Cherryland Electric Cooperative Elections and Credentials Committee, serving on the Thrivent board, teaching Sunday School, and singing in the contemporary choir at her church.

A Career that Loves You Back!

Do you know anyone interested in training to become a Certified Nurse Aide (CNA)? Grand Traverse Pavilions holds FREE CNA Training Classes multiple times each year and applications are open now for our next class!

Applicants must be available Monday through Friday, 6:30am to 4:00pm during a 17 day training class starting May 6. After successful completion of the 17 day program, candidates must be able to work full time on the afternoon (2:30pm -10:30pm) or midnight shift (10:30pm - 6:30am), with a starting wage, upon certification, of \$14.79 per hour, plus 30 cent shift differential & 50 cent weekend differential. Some 12 hour shifts may also be available.

The class is filled using an application, interview, and hiring process. Those chosen for interviews will be contacted via phone by Human Resources. Full time positions offer excellent benefits including health, dental, and vision coverage, longevity bonus, retirement plans, and generous paid time off system.

Becoming a CNA is not only a job you can love to do, but a career that will love you back! Visit our website at www.gtpavilions.org to find out more.



Grants for PACE Exceed \$1M

The Grand Traverse Pavilions Foundation has been awarded a \$1 million grant from The Harry and Jeanette Weinberg Foundation. This capital grant will cover costs related to repurposing the former Grand Traverse County Health Department building located on North Garfield Road in Garfield Township for the proposed purpose of housing the new Program of All-Inclusive Care for the Elderly (PACE®) to serve a multi-county region of northern Michigan.

“The Harry and Jeanette Weinberg Foundation is known for its commitment to meeting the basic needs of vulnerable people and families experiencing poverty, with particular emphasis on older adults,” says Kory Hansen, Administrator/CEO Grand Traverse Pavilions. “This phenomenal commitment will help finalize the renovations to the now aptly named ‘The Harry and Jeanette Weinberg-PACE Center’ and allow us to move toward the final approval process in bringing the PACE program to our region.”

Programs of All-Inclusive Care for the Elderly serve individuals who are age 55 or older, certified by their state to need nursing home care, able to live safely in the community at the time of enrollment, while living in a defined PACE service area. PACE is a cost-effective, and often more

acceptable, alternative to nursing home placement. The program is designed to meet the medical, social, nutritional and supportive service needs of aging adults. A PACE program provides the entire continuum of medical care and supportive services to seniors with chronic care needs while maintaining their independence in their home for as long as possible. While typically serving Medicare and Medicaid eligible individuals, PACE aligns with the mission of the Grand Traverse Pavilions, the sponsoring organization for the local PACE program.

The Grand Traverse Pavilions Foundation has now generated over \$3 million through the PACE Capital Campaign established to support funding of the building renovations and operational start-up costs. “In addition to The Harry and Jeanette Weinberg Foundation grant, we have had generous support from the community and many local families and foundations. Most recently, Rotary Charities awarded a \$25,000 grant to support the operational elements and training of the Interdisciplinary

A PACE program provides the entire continuum of medical care and supportive services to seniors with chronic care needs while maintaining their independence in their home for as long as possible.

Team of geriatric professionals essential to managing and evaluating the programs for PACE participants.

The Grand Traverse Pavilions Foundation Board is to be commended, with more than \$500,000 coming personally from the respective board members for this worthwhile project.” said Deborah Allen, Executive Director of the Grand Traverse Pavilions Foundation. The sustainability of PACE makes it unique to other community funding requests in that the PACE model is endorsed by the Centers of Medicare and Medicaid Services (CMS) with monthly capitated allocations provided to manage the care of this high risk population. There are now over 130 PACE programs operating in the United States serving more than 45,000 frail and elderly participants.

The goal is for PACE to open mid-year 2019. If you are in need of immediate services call the Area Agency on Aging at 800.442.1713.

For more information on how you can support the efforts to bring PACE to northern Michigan, visit www.gtpavilions.org.



Anyone Can Leave a Legacy . . . What Will be yours?

The Grand Traverse Pavilions Foundation would like to acknowledge a recent legacy gift from the Estate of Jeannette M. Fehner. Ms. Fehner's decision to will a legacy gift to the Grand Traverse Pavilions was inspired by her special affection for the organization as a Cottage Resident, in gratitude for the care she received before passing. It was her intent while still alive to help ensure the care for vulnerable aging adults would continue to be supported by the Grand Traverse Pavilions through its Foundation.

Over the years we have been blessed to receive several gifts like Jeannette's in support of benevolent care. With nearly 70 percent of the Pavilions resident population on assistance through Medicaid, the organization is often left paying for the unreimbursed portion of our residents care, or subsidizing their care through our established Foundation endowments and charitable donations

This is indeed what makes the Grand Traverse Pavilions very different from "for-profit" nursing home facilities. In fact, last year the Grand Traverse Pavilions provided more than \$4.8 million in unreimbursed medical expenses or "charity care" for our more than 350 residents. These residents represent more than 300 families in our community that may not have otherwise had a quality care option for their loved one; if not for the charitable mission of the Grand Traverse Pavilions.

Many in our community, perhaps you included, have worked your whole life to build up a legacy to take care of your loved ones and favorite charities well into the future. We'd like to help ensure you continue to meet your personal goals in

a way that is best for you and those you care about most.

The new tax laws have created some confusion on the best way to support charitable missions that are most important to them. But one thing that has remained constant is that there are still very affordable and meaningful ways that a charitable gift to the Grand Traverse Pavilions Foundation can provide both a significant tax benefit, while also helping to ensure quality of care for our communities most frail aging adults, for years to come.



Deborah Allen, Executive Director,
Grand Traverse Pavilions Foundation.

Here are a few ways you can support the compassionate and caring mission of the Grand Traverse Pavilions:

A WILL – Making a bequest, or gift through your will, is the most common way that individuals, regardless of their financial situation, make a planned gift. It ensures that your wealth will be allocated as you desire, allowing for thoughtful considerations of your family, loved ones, and causes that are dear to you.

STOCK – Gifts of appreciated stock, those that have increased in value since they were initially obtained, to a charitable organization are an ideal way to avoid paying capital gains tax, while also helping to support the charitable mission of the Grand Traverse Pavilions. Through this giving option, you may receive an income tax deduction for the full amount of your gift with no cash out of pocket.

IRA ROLLOVER – Making a gift from your IRA is easy. If you are 70 ½ or older you can make a gift to the Grand Traverse Pavilions Foundation directly from your IRA. Your gift will count against your required distribution and you will not be taxed on the transfer.

While these giving options are quite simple to initiate, it is suggested that you consult an Estate Attorney, or Planned Giving/Financial Planner regarding the best options for you, and to include the appropriate language in your Will or Estate Plan documents to ensure your wishes are carried out on your behalf.

We are here to help. Should you have questions about how you can best make a gift to support the ongoing mission of the Grand Traverse Pavilions, please call Deborah Allen, Grand Traverse Pavilions Foundation - Executive Director, at 231-932-3000 for a confidential conversation about your charitable goals.



Extending Child Care to Support Our Employees, Their Families, and Our Residents

Soon after the Grand Traverse Pavilions opened its doors in 1999 it achieved recognition as an Eden Approved Facility. The Eden Alternative was originated by William Thomas, M.D., of Sherburne, N.Y. in the early 1990's. Dr. Thomas extended his personal congratulations to Grand Traverse Pavilions for its role in introducing and implementing the process for its residents and families. This past year the Pavilions achieved certification as an Eden Milestone II approved facility. This achievement speaks to the Grand Traverse Pavilions commitment to the Eden philosophy, and providing a safe family like environment for its residents and its employees.

To support the Eden concept, the Pavilions opened an on-site day-care center for the Pavilions staff, which was extremely progressive at that time. The objectives for the center have been woven in the fabric of daily activities for our residents, and they have become inter-dependent, with many of the children considering our residents extended family and valued elders.

Recently, local media sources have reported on the Northern Michigan Child Care Crisis. Both the Ticker and the Northern Express have

run articles regarding "The North's Childcare Crisis." The articles state that high quality child care comes at premium to most families. Michigan's recent initiative to increase quality care requirements has forced some licensed child care providers to leave the business creating a child care shortage for specifically infant and toddler care.

The harsh reality is that lower income (near minimum wage) workers must allocate as much as 30% of their net income to pay for child care. This is impossible for many. When the choice is between food, shelter and child care; families understandably choose food and shelter first. Recent estimates indicate that the cost of child care is actually 6% more than the average price for rent in Grand Traverse region.

The Grand Traverse Pavilions Child Care Center, like many other centers, often has a waiting list to accept new infants and toddlers. The unfortunate reality is that many mothers risk not being able to return to work at the Pavilions, or in our community, due to lack of infant care. At the Pavilions child care is offered at a pre-tax rate through employee payroll-deduction and the organization subsidizes the expense with about a 20% discount from local market rates, saving our

employees hundreds of dollars each year on child care costs.

The Grand Traverse Pavilions leadership is looking to conduct a pilot program to expand the current hours of child care operations to support both resident engagement and our clinical operations. As a side benefit of offering extended hours, there will be more opportunities for first-shift staff to work additional or overtime hours, accommodate those working twelve-hour or non-traditional shifts, and also better support our second-shift staff. The Grand Traverse Pavilions Foundation recently received a grant from the Grand Traverse Regional Community Foundation's – Campbell Endowment and the Phillip B. Begley Endowment to pilot the extended hours and commit resources for a period of one-year.

It is the expectation that after a one-year period, increased participation would allow for continuation of the extended hours by adequately funding it through charges for this service and the organization's subsidy. It is believed this initiative would also assist with the recruitment and retention of staff where child care may be a barrier for employment or opportunities to work additional hours.

A History of Grand Care

Sixty years ago when Grand Traverse Medical Care was dedicated, the facility was the first county-owned medical care facility and health department in the State of Michigan. The four-story building was located at 410 Elmwood, adjacent to the Emergency Suite at Munson Hospital. Governor G. Mennen Williams along with a host of local and state dignitaries presided at the dedication. Arthur Schmuckal, then Chairman of the Grand Traverse County Board of Supervisors, served as Master of Ceremonies.

When it opened, Grand Traverse Medical Care Facility replaced the 22-bed Boardman Valley Hospital, which served the elderly and indigent in the county since 1911. Grand Traverse Medical Care Facility was recognized as the “most advanced operation of its kind in Michigan.” At the time, with the inception of Public Act 280, the facility along with 35 other county-owned medical care facilities in Michigan were mandated to serve the poor in rural Michigan. That obligation to care for the most vulnerable in our communities remains.

As decades passed and health care for the elderly assumed a non-institutionalized identity, Grand Traverse Pavilions emerged as the new home in 1998 for its flagship operation Grand Traverse Medical Care. In June of 1998, 181 residents along with staff and hundreds



of volunteers moved to a newly-constructed state-of-the-art campus.

As in 1959, Grand Traverse Pavilions offered innovation, creativity, and varied options in health care and residential services for the senior community. Once again, considered a role model in the state, The Pavilions realized the value of integrating children into its programming. As such, it became the first publicly-owned intergenerational campus in Michigan.

In addition to child care services, The Pavilions has added adult day care, overnight respite, assisted and independent living, health and wellness services, inpatient rehabilitation and outpatient therapy to its original long-term skilled nursing care portfolio.

Today, Grand Traverse Pavilions consists of five primary components: Grand Traverse Medical Care, Intergenerational Community Center, Grand Traverse Pavilions Foundation, The Cottages: Adult Residential Community, and the

Wellness Center. The organization is governed by Grand Traverse County Department of Human Services Board.

As it was 60 years ago, the county-owned community is mission driven to provide for those with financial limitations - not only for the residents who require long-term care, but for those individuals who need assisted living at The Cottages, for whom public assistance is typically not available. The Pavilions is currently home to over 300 residents.

Over the past several years, Grand Traverse Pavilions has provided more than \$4.8 million annually in uncompensated care to residents. Despite this level of charity care, The Pavilions has been financially self-sufficient for some 30 years with the addition of new initiatives contributing to this efficiency as well as viable stewardship.

Then and now, Grand Traverse Pavilions remains committed to our community.

It Pays to Know Your **Senior Living** Options!

Although many aging adults prefer to stay in their own homes, that is not always possible. It makes sense to know the options in the event of an unexpected illness or injury. After a medical crisis, family members often panic, not knowing what to do with a loved one who is no longer able to care for themselves in their own home. Finding the appropriate living situation can be overwhelming.

Not sure how to approach your loved one about the need of Assisted Living? Here are a few tips for how to approach the conversation:

Bring the whole family into the discussion and form a plan before approaching your loved one.

Research options first to have as much information as possible. This will help answer any questions they may have.

Talk with their primary care provider about your concerns and discuss the best care for them.

Allow your loved one to feel in control of the decision. Even if you feel they aren't making the right decision, give them time to come around to the idea.

Point out the areas they need the extra help with – meals, medication management, bathing, dressing, grooming, laundry, housekeeping, toileting, etc.

Finances are often a concern. Consult a financial advisor if needed. Ask your loved one about their insurance coverage, bank accounts, saving accounts, Social Security, Pension, investments, and any other assets they may have.

Were they or their spouse a Veteran? If so, this can sometimes help cover some of the out of pocket expense of Assisted Living.

Several of our local senior communities have long waiting



Kim Bauml

lists to get in. It's important to learn what each senior community has to offer. Communities offer different types of care, meal plans, laundry services, activities and transportation. Some offer short-term stays

while others require a lease. Most communities have some sort of a move-in fee but that varies from place to place.

A free referral service like Options for Senior Living can assist in navigating through this complex process. They can provide referrals to resources in the area and help educate on options for senior housing for the next chapter in life.

Kim Bauml is President/Senior Care Consultant for Options for Senior Living, LLC. Found out more about their services at www.options4seniorliving.com.





Senior **Moments**

Have a nonagenarian in your family? Keep your calendar open for the 90 Over 90 Brunch on Friday, May 3, at 10 a.m. Held annually at the Hagerty Center in Traverse City, the event is put on by the Grand Traverse County Senior Center. Tickets are FREE for those 90+ and \$15 for all others and can be picked-up or purchased from the Senior Center by Friday, April 26. Celebrate the lives of those who helped shape our community and continue to make the Grand Traverse Region a vibrant place to live, work and play. Hear stories, see pictures, enjoy brunch and a view of the bay. Join us in honoring the special individuals who have made our community what it is today. Grand Traverse Pavilions is proud to once again be the presenting sponsor of this event.

Run for the Roses

Join us at the Ideas for Life Senior Expo 2019 put on by the Bay Area Senior Advocates (BASA) scheduled on Wednesday, May 15, 2019 from 10 a.m. to 3 p.m. at the Grand Traverse County Civic Center, in Traverse City, Michigan.

The theme for this year's event is "Kentucky Derby" and will feature over 100 organizations offering products and services to help seniors and their families navigate aging successfully. Attendees can expect to find wellness screenings and giveaways, as well as the information from service providers.



Sharing the Love

If you've been to the Concerts on the Lawn, you have probably noticed the new Subaru vehicles displayed on the Grand Lawn. For the last two years Serra Subaru of Traverse City has stepped up to be the Title Sponsor of the Concerts on the Lawn, a commitment they will continue for this upcoming season. Their support of the Grand Traverse Pavilions Foundation by sponsoring the concert series fits with Subaru's "Love" Campaign which nationally supports the ASPCA, Make-A-Wish, Meals on Wheels and the National Park Foundation.

"Sponsoring the concerts has been a great experience for us," says Mike McFarlan, General Sales Manager of Serra Subaru of Traverse City. "Subaru empowers its retailers to make positive changes in their communities and to share the love with charitable organizations in their communities. The concerts are a great community event and it's an honor to be a part of it."



Mike McFarlan

Held on the Grand Lawn of the Grand Traverse Pavilions Campus, the outdoor concerts are family friendly and free to the public. Guests are encouraged to bring their own chairs or blankets for the hour long performance.



Each week the team at Serra Subaru brings 3-4 cars so concert-goers can see what Subaru has to offer. Named 2018's most trusted brand by Kelly Blue Book, Subaru's line-up of cars, sedans, and SUVs include options for all life stages and lifestyles. The Forester and the Outback both recently topped Consumer Reports list of the Top 25 Cars for Senior Drivers a distinction earned based on vehicles' ability to address comfort and safety issues that older adults face.

"We are very excited to have Serra Subaru sponsor for a third year," says Deborah Allen, Executive Director of the Grand Traverse Pavilions Foundation. "Their support has allowed us to grow the concert series over the last two years. We had record attendance for 2018 and this season is shaping up to be another great year."

A community favorite, the Thursday night concert series runs from the first Thursday in June through the last Thursday before Labor Day. Proceeds and goodwill donations received during the concerts go to the Grand Traverse Pavilions Foundation to provide services to area seniors.





Thank You!

Thank you to the following area organizations who have already committed to supporting the Grand Traverse Pavilions Foundation in 2019.



And thank you to our media sponsors who help promote our events.



If your business is interested in supporting our events, contact the Foundation office at 231.932.3018.

2019 CONCERTS ON THE LAWN THURSDAYS AT 7 PM

- 6/6 Dominic Fortuna
- 6/13 The Gordon Lightfoot Tribute
- 6/20 The Drew Hale Band
- 6/27 The Overtones
- 7/4 Cherry Blossom Ramblers
- 7/11 Miriam Pico & Friends
- 7/18 Grand Traverse Pipes & Drums
- 7/25 The Petoskey Steel Drum Band
- 8/1 Cool Lemon Jazz
- 8/8 Bay Area Big Band
- 8/15 Jim Hawley: Remembering Dan Fogelberg
- 8/22 K. Jones and the Benzie Playboys
- 8/29 The Backroom Gang



The Concerts on the Lawn receive support from the Michigan Council of Arts and Cultural Affairs. The \$3,900 grant for 2019 will help us support the local talent that headline our 13 concerts this season.

Are you over 70½?

Individuals over 70 and a half years of age can make a charitable rollover gift from their individual retirement account (IRA). Your gift will count toward the required minimum distribution and will not be taxed. Please consider this opportunity to support programs and services for less fortunate elderly in our community by contacting the Grand Traverse Pavilions Foundation at (231) 932-3018.



Grand Traverse Pavilions
FOUNDATION

1000 Pavilions Circle, Traverse City, MI 49684

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Support the Foundation

Promote your business or organization and help aging adults at the same time! Support the Grand Traverse Pavilions Foundation's activities by sponsoring one of our events or advertising in the quarterly Legacy publication.

Our events include the first Caregivers Conference in June to help area caregivers build their skills and learn about community resources.

Sponsorships for the Concerts on the Lawn allow you to promote your business to a wide audience of concert-goers. Free to the public June through August, the Concerts on the Lawn regularly draw around 2,000 attendees for each of the 13 Thursday evening performances.



Our Annual Fundraiser, The Grand Event: LIFE will be held at the Grand Traverse Resort on September 7, 2019. This unique event incorporates local business promotion, along with support for a worthy social charity whose mission is to care for the needs of our region's aging adults.

Our Legacy publication comes out quarterly and is mailed to almost 3,000 households. Limited opportunities for advertising exist in each issue.



For more information on how you can support aging adults through the Grand Traverse Pavilions Foundation, please call the Foundation office at 231.932.3018 or email jweir@gtpavilions.org.

